

## **REFLECTIONS FOR HOME GROUPS**

- **What event in your life caused you the most sorrow and grief?**
  - **How did it effect your relationship with God?**
  
  - **What brought you out of that dark time?**
  
- **People enduring intense sorrow and grief often begin to doubt the Lord. Why do you think this happens?**
  - **Knowing what you do now, what will you do if sorrow and grief prompts doubt in the future?**

- **What promises have you made to the Lord or to others?**
  - **What can you do this week to follow through on your promises?**
  
- **What story could tell of God's goodness?**
  - **In what ways has He rescued you?**
  
  - **Could you write a "Psalm 116" about God's provision and grace in your life?**